

ALL DAY BREAKFAST



Chia pudding, açai-blueberry compote, fresh berries with a cinnamon & buckwheat granola ( n, gf, df )	16
Seasonal fruit and toasted muesli with natural yoghurt ( n )	15
Breads - sourdough, whey & rye, 5 grain or pumpkin & buckwheat ( gf ) served with either jam, marmalade, vegemite, peanut butter or honey	6.5
Apricot & fig fruit bread - made in house ( n )	8.5
Banana bread - made in house	6.5
Ricotta hotcakes with fresh berries, rhubarb, banana mousse, shaved nutella & maple syrup	18
- add a side of bacon or ice-cream for	5.5 / 2
Tomato, cheese & spinach omelette served with toasted sourdough	17
- add smokey leg ham for	5.5
Roast field mushroom, basil, pinenut & bulgarian feta omelette served with toasted sourdough ( n )	18

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Eggs - scrambled, poached, fried or boiled served with toasted sourdough	12
Záatar - soft poached eggs, feta, spinach, pine nuts & záatar served with toasted sourdough ( n )	17.5
Chorizo & potato baked eggs with spiced tomato, salsa verde, reggianno & almond dukkah served with toasted sourdough ( vo, n )	19.5
Smoked salmon, potato & leek rosti, salad of pickled fennel & soft poached eggs ( gf , n )	19.5

**DAILY SPECIALS - SEE BLACKBOARD SELECTION**

**SIDES**

Field mushroom, slow roasted tomato, spinach or avocado	4.5
Haloumi or potato & leek rosti	5
Bacon - chorizo or smokey leg ham	5.5
Smoked salmon or smoked trout	6

(gf) - gluten free, (n) - contains nuts &/or seeds,  
(vo) vegetarian option available, (df) - dairy free

No split bills - One bill per table

10% surcharge applies on Saturday, Sunday & public holidays

Please inform staff of any allergies

ALL DAY LUNCH



Chicken finger sandwiches ( df )	12
Grilled haloumi on soft roll with avocado, tomato, rocket, aioli & salsa verde	9.5
Smokey leg ham, gruyere cheese, mustard aioli & housemade dill pickle on baguette	15
Roast chicken, basil, avocado, aioli, tomato relish & rocket on baguette ( df )	17
7 hour slow roasted lamb with tomato relish, aioli, caramelised onion & rocket on toasted sourdough ( df )	21.5
Spiced roasted cauliflower salad with honey roasted carrots, kale, barley, almond dukkah & pomegranate molasses tahini yoghurt ( n, gf )	22
- add haloumi or herb spiced chicken for	5 / 6
Roasted pumpkin salad with fennel, field mushroom, quinoa & feta ( n, gf )	19
Herb & spice chicken with a lentil - herb salad, toasted almonds, yoghurt & salsa verde ( n, gf )	24

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B E V E R A G E S



Flat White Café's own blend - by Paradox Roasters	sml 3.5 lrg 4.5
- soy, almond, decaf, extra shot	0.30
Loose leaf - english breakfast, earl grey, green, peppermint or lemongrass-ginger	4
Loose leaf chai tea - unsweetened & steeped in milk	5
'Daily Juice' - see blackboard	6.5
Apple or orange or pineapple	5
Coke or diet coke	4
Nudie Sparkling	3.5
- Apple & more apple	
- Orange, mango & passionfruit	
- Lemon, lime & apple	
- Berry, apple & coconut water	
Coconut water	4
Thickshakes - strawberry, chocolate, caramel or vanilla	7
Iced coffee or iced chocolate (made with ice-cream)	6
Antipodes sparkling or still mineral water ( 500ml /1L )	6/10