

ALL DAY BREAKFAST



Chia pudding, açai-blueberry compote, fresh berries with a cinnamon & buckwheat granola (n, gf, df)	17.5
Seasonal fruit and toasted muesli with natural yoghurt (n)	16.5
Breads - sourdough, rye, 5 grain or pumpkin & buckwheat (gf) served with either jam, marmalade, vegemite, peanut butter or honey	7.5
Apricot & fig fruit bread - made in house (n)	9.5
Banana bread - made in house	7.5
Ricotta hotcakes with fresh berries, rhubarb, banana mousse, shaved nutella & maple syrup	19
- add a side of bacon or ice-cream for	6.5/3
Tomato, cheese & spinach omelette served with toasted sourdough	18.5
- add smokey leg ham for	6.5
Roast field mushroom, basil, pinenut & bulgarian feta omelette served with toasted sourdough (n)	19.5

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Eggs - scrambled, poached, fried or boiled served with toasted sourdough 13.5

Záatar - soft poached eggs, feta, spinach, pine nuts & záatar served with toasted sourdough (n) 18.5

Chorizo & potato baked eggs with spiced tomato, salsa verde, reggianno & almond dukkah served with toasted sourdough (vo, n) 21.5

Smoked salmon, potato & leek rosti, salad of pickled fennel & soft poached eggs (gf , n) 21.5

DAILY SPECIALS - SEE BLACKBOARD SELECTION

SIDES

Field mushroom, slow roasted tomato, spinach or avocado 5.5

Potato & leek rosti 6

Bacon, chorizo, smokey leg ham or haloumi 6.5

Smoked salmon or smoked trout 7

(gf) - gluten free, (n) - contains nuts &/or seeds,
(vo) vegetarian option available, (df) - dairy free

No split bills - One bill per table

10% surcharge applies on Saturday, Sunday & public holidays

Please inform staff of any allergies

ALL DAY LUNCH



Chicken finger sandwiches (df)	13.5
Grilled haloumi on soft roll with avocado, tomato, rocket, aioli & salsa verde	11
Smokey leg ham, gruyere cheese, mustard aioli & housemade dill pickle on baguette	16.5
Roast chicken, basil, avocado, aioli, tomato relish & rocket on baguette (df)	18.5
7 hour slow roasted lamb with tomato relish, aioli, caramelised onion & rocket on toasted sourdough (df)	23.5
Spiced roasted cauliflower salad with honey roasted carrots, kale, barley, almond dukkah & pomegranate molasses tahini yoghurt (n)	24
- add haloumi or herb spiced chicken for	6.5 / 7
Herb & spice chicken with a lentil - herb salad, toasted almonds, yoghurt & salsa verde (n, gf)	26

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BEVERAGES



Flat White Café's own blend - by Paradox Roasters	sml 3.8 lrg 4.5
- soy, almond, decaf, extra shot	0.30
Loose leaf - english breakfast, earl grey, green, peppermint or lemongrass-ginger	5
Loose leaf chai tea - unsweetened & steeped in milk	5.5
'Daily Juice' - see blackboard	7
Apple or orange or pineapple	5.5
Coke or diet coke	5
Coconut water	4.5
Thickshakes - strawberry, chocolate, caramel or vanilla	7.5
Iced coffee or iced chocolate (made with ice-cream)	6.5
Antipodes sparkling or still mineral water (500ml /1L)	6.5/ 11